



NEWSLETTER: 15 March/Poutū-te-rangi 2016

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KCC Cellphone: 027 241 3028

Kia ora, Talofa lava, Greetings

Our children from Rooms 3, 4, 6 and Year Threes from Rooms 7 and 8 have been at the beach today. Watch the school facebook page for pics coming in!

Who is connected?

11 out of 202 families have responded so far to our request for this information. We are increasingly going on-line with our communications. It is important we know that we are reaching everybody. Could you please let us know if you are connected by sending Barbara an e-mail (address above) or returning the slip in this email, or putting a message on our Facebook page. Thanks

Sports Offer

Does your child want to play netball this year? **We had the first trials yesterday after school and there is another trial on Thursday at lunchtime, so it's not too late!** Please fill in this slip and return to the office ASAP if interested in playing (year 3-6). Games will be on Saturday mornings. Are you keen? Can you coach? If you are interested, please fill in your contact details.

50c STALLS TOMORROW AT 1.00pm.

FRIDAY LUNCHES THIS FRIDAY

WHATS COMING UP THIS TERM?

This week

- Touch teams Thursday and Friday. Times below.
- Fri 18 Mar: Northern Zone swimming sports: SV Pool: Team members have a notice.

Later in the term

- Tue 22 Mar: Weetbix Tryathlon: School team: Huia Pool and Hutt Recreation Ground
- Wed 23 Mar: Junior School Swimming Festival. 10.30 - 12.30 pp March 24.
- Fri 25 Mar: Easter: School closed
- Mon 28 Mar: Easter: School closed
- Tue 29 Mar: Easter: School closed
- Fri 1 Apr: 9.00: School Assembly: Room 13 hosting
- Sat 9 Apr: GALA DAY!
- Fri 15 Apr: Last day of Term One
- Mon 18 Apr: KCC holiday programme starts
- Fri 29 Apr: KCC holiday programme ends
- Mon 2 May: Term Two starts

TOUCH TEAMS: Note Untouchables date and field changes

Year 1&2 (Allstars): Last week's result:

18 Mar (bye)

Year 3&4 Boys (Untouchables): Last week's result:

17 Mar (1b), 24 Mar (2b): All at 4.15pm, Fraser Park. Field numbers are in ()

Year 3&4 Boys Mixed (Breakers): Last week's result:

17 Mar (1a), 24 Mar (1b): All at 3.45pm, Fraser Park. Field numbers are in ()

Year 5&6 Boys/Girls (Rangatahi) Last week's result:

17 Mar (1b), 24 Mar (2a): All at 5.15pm, Fraser Park. Field numbers are in ()

Year 5&6 Boys/Girls (Krushers) Last week's result:

17 Mar (2a), 24 Mar (1b): All at 5.15pm, Fraser Park. Field numbers are in ()

Parent Help

A course you can't miss

Parenting your Teens

"Different approach
Different response"

IMPROVING RELATIONSHIPS WITH YOUR TEENS

- understand how changes in the teenage brain alter their behaviour
- how to look at and understand the impact of the attachment between you and your teen, and how your relationship impacts adult lives
- look at the disruptive cycles in your family and what helps these change
- appropriately support your teen to find new ways of relating
- know you are not alone with the issues you experience

OUTCOMES

- increase confidence in interactions with teens
- reduce use of anger with teens
- increase effectiveness in parenting teens
- improve quality of relationship with teens

8 WEEKS FROM 10 MAY 2016 EVERY TUESDAY AT 7-9PM

VENUE
Moera Community House
107 Randwick Crescent, Moera

TO FIND OUT MORE
www.parenthelp.org.nz
Ph: 04 802 5767
E-mail: admin@parenthelp.org.nz

STARTING
10 May

Heart Foundation

FRITTATA MUFFINS

\$0.81 per serve as at Oct 2015

You need

- Cooking oil spray
- 4 eggs
- ½ cup lite milk
- ½ cup Edam cheese
- 410g can corn kernels, drained
- 100g tomato, chopped
- 1 spring onion, chopped
- 1 cup mushrooms, chopped
- 2 cloves garlic

Method

1. Spray muffin tins with oil. Preheat oven to 180°C.
2. Whisk eggs and milk in a large bowl to blend well
3. Stir in cheese, corn, tomato, mushrooms, spring onion and garlic
4. Fill prepared muffin cups with egg mixture.
5. Bake for about 8-10 minutes or until egg mixture puffs and is just set in the centre



www.fuelled4life.org.nz

KIDS TradeZone

GONE FISHIN' DAY

Blue Light invites you and the kids to come fishing

Saturday
26th Mar 2016
11:00am - 3pm
Queens Wharf
Wellington

SPECIAL GUEST
GRAEME SINCLAIR
TV's GONE FISHING




- FREE SAUSAGE SIZZLE
- BAIT PROVIDED
- SPOT PRIZES
- MEET TRADEZONE FISHING GURU GRAEME SINCLAIR

REGISTRATION ON THE DAY



empowering people

RETURN FORMS

FRIDAY LUNCH ORDER FORM

Name: _____ Room: _____
Sausage: ___@ \$1 Moosie: Lime ___@ \$1 Chocolate ___@ \$1 Juicie: Tropical ___@ \$1 Berry ___@ \$1
Remember ALL orders to the office by noon on Thursday. No orders accepted on Fridays.

I AM ONLINE AND CAN RECEIVE COMMUNICATIONS ELECTRONICALLY

Name: _____ Cell: _____ e-mail: _____
 Name: _____ Cell: _____ e-mail: _____
 My children are: _____

SCHOOL DONATIONS

Family name: _____ We have _____ children attending Koraunui School
 One child: \$60 or \$15 a term Two children: \$80 or \$20 a term Three or more children: \$90 or \$22.50 a term
 For on-line banking, the school account is: 03 0531 0522211 00. Please put eldest child's name and DONATION.
 E.g. J. Bloggs DONATION. A receipt for tax claim purposes will be sent home with your child.

NETBALL TEAMS FOR 2016

Name _____ Year _____ Phone # _____
 Caregiver's signature _____ Caregiver's name: _____
 I am interested in being a team coach. YES NO

GALA PREPARATION IS ALL GO, GO, GO!!!!!!

LATER THIS WEEK WE WILL BE ASKING FOR HELPERS. CHECK OUT THE BOARD NEAR YOUR CHILD'S CLASSROOM TO SEE WHAT YOU CAN DO TO HELP.

**Keep those goodies coming!
Gala notice attached.**

